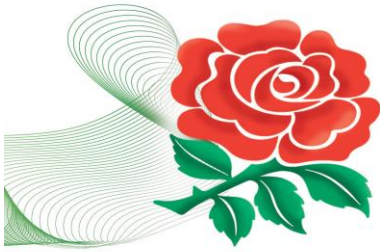


ENGLISH GYMNASTICS

English Qualifier 1 Competition Time Table

Saturday Programme

TRI Prelims												Ind DMT Prelims						
Level	Flight	Panel 1			Panel 2			Panel 3			Level	Flight	Panel 4					
Silver	1	Age Group:	9-10 Male (1-17)			11-12 Male (1-8)			Disabilities & 9-10 Female (1-3) & (1-14)			Silver	1	Age Group:	15-16 Female (1-6) 17+ Male & Female			
		No:												No:				
		Floor Warm Up:	07:30	08:00		07:30	08:00		07:30	08:00				Floor Warm Up:	07:30	08:00		
		March On:	08:00	08:10		08:00	08:10		08:00	08:10				March On:	08:00	08:10		
		Tramp Warm Up:	08:10	08:35		08:10	08:35		08:10	08:35				Warm up Pass 1 & 2:	08:10	08:30		
		One Touch:	08:35	08:45		08:35	08:45		08:35	08:45				Compete Pass 1 & 2:	08:30	08:50		
	Compete:	08:45	09:10		08:45	09:10		08:45	09:10		Warm Up Pass 3 & 4:	08:50	09:10					
	One Touch:	09:10	09:20		09:10	09:20		09:10	09:20		Compete Pass 3 & 4:	09:10	09:30					
	Compete Final:	09:20	09:30		09:20	09:30		09:20	09:30		March Out:	09:30	09:35					
	March Out:	09:30	09:35		09:30	09:35		09:30	09:35									
	Silver	2	Age Group:	13-14 Females (1-18) Piper Stote			11-12 Female (1-18) Bethany Randall			13-14 Male (1-18)			Silver	2	Age Group:	9-12 & 15-16 Male (1-8) & (1-5)		
			No:												No:			
Floor Warm Up:			09:05	09:35		09:05	09:35		09:05	09:35		Floor Warm Up:			09:05	09:35		
March On:			09:35	09:45		09:35	09:45		09:35	09:45		March On:			09:35	09:45		
Tramp Warm Up:			09:45	10:10		09:45	10:10		09:45	10:10		Warm up Pass 1 & 2:			09:45	10:05		
One Touch:			10:10	10:20		10:10	10:20		10:10	10:20		Compete Pass 1 & 2:			10:05	10:25		
Compete:		10:20	10:45		10:20	10:45		10:20	10:45		Warm Up Pass 3 & 4:	10:25	10:45					
One Touch:											Compete Pass 3 & 4:	10:45	11:05					
Compete Final:											March Out:	11:05	11:10					
March Out:		11:05	11:10		11:05	11:10		11:05	11:10									
Silver		3	Age Group:	13-14 Females (19-36)			11-12 Female (19-36)			13-14 Male & 15-16 Female (19-25) & (1-13) Tyler Stote			Silver	3	Age Group:	9-12 Female (1-16) Bethany Randall, Chloe Annett		
			No:												No:			
	Floor Warm Up:		10:30	11:00		10:30	11:00		10:30	11:00		Floor Warm Up:			10:30	11:00		
	March On:		11:00	11:10		11:00	11:10		11:00	11:10		March On:			11:00	11:10		
	Tramp Warm Up:		11:10	11:35		11:10	11:35		11:10	11:35		Warm up Pass 1 & 2:			11:10	11:30		
	One Touch:		11:35	11:45		11:35	11:45		11:35	11:45		Compete Pass 1 & 2:			11:30	11:50		
	Compete:	11:45	12:10		11:45	12:10		11:45	12:10		Warm Up Pass 3 & 4:	11:50	12:10					
	One Touch:				12:10	12:20		12:10	12:20		Compete Pass 3 & 4:	12:10	12:30					
	Compete Final:				12:20	12:30		12:20	12:30		March Out:	12:30	12:35					
	March Out:	12:30	12:35		12:30	12:35		12:30	12:35									
	Judges Lunch																	
	Silver	4	Age Group:	13-14 Females (37-46) Oliver Cubillos			15-16 Male (1-17)			15-16 Female (14-25)			Silver	4	Age Group:	13-14 Female (1-13)		
No:												No:						
Floor Warm Up:			12:10	12:40		12:10	12:40		12:10	12:40		Floor Warm Up:			12:10	12:40		
March On:			12:40	12:50		12:40	12:50		12:40	12:50		March On:			12:40	12:50		
Tramp Warm Up:			12:50	13:15		12:50	13:15		12:50	13:15		Warm up Pass 1 & 2:			12:50	13:10		
One Touch:			13:15	13:25		13:15	13:25		13:15	13:25		Compete Pass 1 & 2:			13:10	13:20		
Compete:		13:25	13:50		13:25	13:50		13:25	13:50		Warm Up Pass 3 & 4:	13:20	13:40					
One Touch:		13:50	14:00		13:50	14:00		13:50	14:00		Compete Pass 3 & 4:	13:40	14:00					
Compete Final:		14:00	14:10		14:00	14:10		14:00	14:10		March Out:	14:10	14:15					
March Out:		14:10	14:15		14:10	14:15		14:10	14:15									
Silver		5	Age Group:	17+ Female (1-18)			17+ Male (1-12)			Syncro 9-12 Mixed (1-8)			Silver	5	Age Group:	13-14 Male (1-7)		
			No:												No:			
	Floor Warm Up:		13:35	14:05		13:35	14:05		13:35	14:05		Floor Warm Up:			13:35	14:05		
	March On:		14:05	14:15		14:05	14:15		14:05	14:15		March On:			14:05	14:15		
	Tramp Warm Up:		14:15	14:40		14:15	14:40		14:15	14:40		Warm up Pass 1 & 2:			14:15	14:35		
	One Touch:		14:40	14:50		14:40	14:50		14:40	14:50		Compete Pass 1 & 2:			14:35	14:55		
	Compete:	14:50	15:15		14:50	15:15		14:50	15:15		Warm Up Pass 3 & 4:	14:55	15:15					
	One Touch:				15:15	15:25					Compete Pass 3 & 4:	15:15	15:35					
	Compete Final:				15:25	15:35					March Out:	15:35	15:40					
	March Out:	15:35	15:40		15:35	15:40		15:35	15:40									
	Silver	6	Age Group:	17+ Female (19-35)			Syncro 13-14 Female (1-5)			Syncro 9-12 Mixed (9-15)			Silver	6	Age Group:			
			No:												No:			
Floor Warm Up:			15:00	15:30		15:00	15:30		15:00	15:30		Floor Warm Up:						
March On:			15:30	15:40		15:30	15:40		15:30	15:40		March On:						
Tramp Warm Up:			15:40	16:05		15:40	16:05		15:40	16:05		Warm up Pass 1 & 2:						
One Touch:			16:05	16:15		16:05	16:15		16:05	16:15		Compete Pass 1 & 2:						
Compete:		16:15	16:40		16:15	16:40		16:15	16:40		Warm Up Pass 3 & 4:							
One Touch:		16:40	16:50								Compete Pass 3 & 4:							
Compete Final:		16:50	17:00								March Out:							
March Out:		17:00	17:05		17:00	17:05		17:00	17:05									
Silver		7	Age Group:	Syncro 17+ Female (1-4)			Syncro 15-16 Female (1-6)			Syncro 13-14, 15-16, 17+ Male			Silver	7	Age Group:			
			No:												No:			
	Floor Warm Up:		16:25	16:55		16:25	16:55		16:25	16:55		Floor Warm Up:						
	March On:		16:55	17:05		16:55	17:05		16:55	17:05		March On:						
	Tramp Warm Up:		17:05	17:30		17:05	17:30		17:05	17:30		Warm up Pass 1 & 2:						
	One Touch:		17:30	17:40		17:30	17:40		17:30	17:40		Compete Pass 1 & 2:						
	Compete:	17:40	18:05		17:40	18:05		17:40	18:05		Warm Up Pass 3 & 4:							
	One Touch:										Compete Pass 3 & 4:							
	Compete Final:										March Out:							
	March Out:	18:05	18:10		18:05	18:10		18:05	18:10									



ENGLISH GYMNASTICS

English Qualifier 1 Competition Time Table Sunday Programme

TRI Prelims										Ind DMT Prelims					
Level	Flight	Panel 1			Panel 2		Panel 3		Level	Flight	Panel 4				
Gold	1	Age Group:		Disabilities		Disabilities		9-10 Male & Female		Gold	1	Age Group:		15-16 Male & Female	
		No:		Cat 1		Cat 2		(1-6) & (1-7)				No:		(1-5) & (1-11)	
		Floor Warm Up:		07:30	08:00	07:30	08:00	07:30	08:00			Floor Warm Up		07:30	08:00
		March On:		08:00	08:10	08:00	08:10	08:00	08:10			March On:		08:00	08:10
		Tramp Warm Up:		08:10	08:35	08:10	08:35	08:10	08:35			Warm up Pass 1 & 2		08:10	08:30
		One Touch:		08:35	08:45	08:35	08:45	08:35	08:45			Compete Pass 1 & 2:		08:30	08:50
		Compete:		08:45	09:10	08:45	09:10	08:45	09:10			Warm Up Pass 3 & 4		08:50	09:10
		One Touch:		09:10	09:20	09:10	09:20	09:10	09:20			Compete Pass 3 & 4		09:10	09:30
		Compete Final:		09:20	09:30	09:20	09:30	09:20	09:30			March Out		09:30	09:35
March Out:		09:30	09:35	09:30	09:35	09:30	09:35								
Gold	2	Age Group:		11-12 Male		11-12 Female		13-14 Female		Gold	2	Age Group:		Senior Female	
		No:		(1-15)		(1-15)		(1-15)				No:		(1-13)	
		Floor Warm Up:		09:05	09:35	09:05	09:35	09:05	09:35			Floor Warm Up		09:05	09:35
		March On:		09:35	09:45	09:35	09:45	09:35	09:45			March On:		09:35	09:45
		Tramp Warm Up:		09:45	10:10	09:45	10:10	09:45	10:10			Warm up Pass 1 & 2		09:45	10:05
		One Touch:		10:10	10:20	10:10	10:20	10:10	10:20			Compete Pass 1 & 2:		10:05	10:25
		Compete:		10:20	10:45	10:20	10:45	10:20	10:45			Warm Up Pass 3 & 4		10:25	10:45
		One Touch:		10:45	10:55							Compete Pass 3 & 4		10:45	11:05
		Compete Final:		10:55	11:05							March Out		11:05	11:10
March Out:		11:05	11:10	11:05	11:10	11:05	11:10								
Gold	3	Age Group:		13-14 Male		11-12 & 15-16 Female		13-14 Female & 15-16 Male		Gold	3	Age Group:		Senior Female & Male	
		No:		(1-15)		(16-21) & (1-11)		(16-19) & (1-10)				No:		(14-17) & (1-9)	
		Floor Warm Up:		10:30	11:00	10:30	11:00	10:30	11:00			Floor Warm Up		10:30	11:00
		March On:		11:00	11:10	11:00	11:10	11:00	11:10			March On:		11:00	11:10
		Tramp warm Up:		11:10	11:35	11:10	11:35	11:10	11:35			Warm up Pass 1 & 2		11:10	11:30
		One Touch:		11:35	11:45	11:35	11:45	11:35	11:45			Compete Pass 1 & 2:		11:30	11:50
		Compete:		11:45	12:10	11:45	12:10	11:45	12:10			Warm Up Pass 3 & 4		11:50	12:10
		One Touch Final:		12:10	12:20	12:10	12:20	12:10	12:20			Compete Pass 3 & 4		12:10	12:30
		Compete Final:		12:20	12:30	12:20	12:30	12:20	12:30			March Out		12:30	12:35
March Out:		12:30	12:35	12:30	12:35	12:30	12:35								

Judges Lunch

Gold	4	Age Group:		17-21 Male		15-16 Female		17-21 Female		Gold	4	Age Group:		9-12 Female					
		No:		(1-10)		(12-19)		(1-10)				No:		(1-16)					
		Floor Warm Up:		12:10	12:40	12:10	12:40	12:10	12:40			Floor Warm Up		12:10	12:40				
		March On:		12:40	12:50	12:40	12:50	12:40	12:50			March On:		12:40	12:50				
		Tramp warm Up:		12:50	13:15	12:50	13:15	12:50	13:15			Warm up Pass 1 & 2		12:50	13:10				
		One Touch:		13:15	13:25	13:15	13:25	13:15	13:25			Compete Pass 1 & 2:		13:10	13:30				
		Compete:		13:25	13:50	13:25	13:50	13:25	13:50			Warm Up Pass 3 & 4		13:30	13:50				
		One Touch Final:				13:50	14:00					Compete Pass 3 & 4		13:50	14:10				
		Compete Final:				14:00	14:10					March Out		14:10	14:15				
March Out:		14:10	14:15	14:10	14:15	14:10	14:15												
Gold	5	Age Group:		17-21 Male		Senior Male & Female		17-21 Female		Gold	5	Age Group:		9-12 Male					
		No:		(11-19)		(1-7) & (1-3)		(11-19)				No:		(1-13)					
		Floor Warm Up:		13:35	14:05	13:35	14:05	13:35	14:05			Floor Warm Up		13:35	14:05				
		March On:		14:05	14:15	14:05	14:15	14:05	14:15			March On:		14:05	14:15				
		Tramp warm Up:		14:15	14:40	14:15	14:40	14:15	14:40			Warm up Pass 1 & 2		14:15	14:35				
		One Touch:		14:40	14:50	14:40	14:50	14:40	14:50			Compete Pass 1 & 2:		14:35	14:55				
		Compete:		14:50	15:15	14:50	15:15	14:50	15:15			Warm Up Pass 3 & 4		14:55	15:15				
		One Touch Final:		15:15	15:25	15:15	15:25	15:15	15:25			Compete Pass 3 & 4		15:15	15:35				
		Compete Final:		15:25	15:35	15:25	15:35	15:25	15:35			March Out		15:35	15:40				
March Out:		15:35	15:40	15:35	15:40	15:35	15:40												
TRS																			
All 9-12 Syncro Pairing will March out @ 14:45-14:55 Holly Baxter & Chloe Annett										9-12 Male 13-14 Male and 13-14 Female All march out Now									
Gold	6	Age Group:		9-12 Mixed		13-14 Male & Female		15-16 Female		Gold	6	Age Group:		9-12 Male (14-18)					
		No:		(1-6)		(1-5) & (1-3)		(1-5)				No:		13-14 Male (1-6)					
		Floor Warm Up:		15:00	15:30	15:00	15:30	15:00	15:30			Floor Warm Up		15:00	15:30				
		March On:		15:30	15:40	15:30	15:40	15:30	15:40			March On:		15:30	15:40				
		Tramp warm Up:		15:40	16:05	15:40	16:05	15:40	16:05			Warm up Pass 1 & 2		15:40	15:55				
		One Touch:		16:05	16:15	16:05	16:15	16:05	16:15			Compete Pass 1 & 2:		15:55	16:10				
		Compete:		16:15	16:40	16:15	16:40	16:15	16:40			Warm Up Pass 3 & 4		16:10	16:25				
		One Touch:		16:40	16:45	16:40	16:45	16:40	16:45			Compete Pass 3 & 4		16:25	16:40				
		March Out:		16:40	16:45	16:40	16:45	16:40	16:45			March Out		16:40	16:45				
All 9-12 Syncro Pairing will March out @ 14:45-14:55																			
Gold	7	Age Group:		9-12 Mixed						Gold	7	Age Group:		13-14 Female					
		No:		(7-12)								No:		(1-13)					
		Floor Warm Up:		16:15	16:45							Floor Warm Up		16:15	16:45				
		March On:		16:45	17:10							March On:		16:45	17:10				
		Tramp warm Up:		17:10	17:20							Warm up Pass 1 & 2		17:10	17:15				
		One Touch:		17:20	17:45							Compete Pass 1 & 2:		17:15	17:30				
		Compete:		17:45	18:00							Warm Up Pass 3 & 4		17:30	17:45				
		One Touch:		18:00	18:05							Compete Pass 3 & 4		17:45	18:00				
		March Out:		18:00	18:05							March Out		18:00	18:05				