

# Regional Guide

Trampoline & Tumbling

Regional Team Final & NDP Qualification

Arena, Birmingham

15<sup>th</sup> – 17<sup>th</sup> June 2018

**LONDON**

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## Team Roles

### Team Manager

The role of the Team Manager was introduced last year and proved to be a great success for each of the regions. This role was introduced to assist the regions by having a main point of contact at the event who will also be responsible for registering their gymnasts and in turn reducing the congestion at the British Gymnastics Accreditation Desk. Team Managers will be based at the regional desks near the gymnasts and coaches entrance (**Entrance E**) and will be given a list of the gymnasts attending orientation to register (as attending) and also competing (by flight) each day to and accredit upon arrival for their competition. Coaches are required to report to the British Gymnastics Accreditation Desk, located to the right of the regional desks, to register upon arrival. Team Managers should work with the appointed Team Chaperone (s) to deliver the gymnasts by flight, to the Warm-Up Hall at the times detailed on the competition schedule and notify the Accreditation Desk of any withdrawals. This is a very important role and will greatly assist with the smooth running of the competition.

To ensure and manage the accreditation effectively, please ensure gymnasts are informed to arrive in time for the registration 'slot' detailed on the timetable for their flight.

Please note, it is crucial that only the gymnasts on the list are accredited, as the Team Managers will be issued with the exact number of wristbands required for each day. In addition, it's imperative that all registration documentation is returned to the Accreditation Desk before the end of each flight's registration time, to prevent Clubs from being charged a non-participation fee as stated in the Trampoline & Tumbling Competition Handbook 2018.

#### Duties:

- To man the regional desk located at the gymnast and coaches entrance from orientation training on Friday to the last flight has registered on Sunday
- Ensure gymnasts know which region they are representing
- Register gymnasts on arrival for both orientation training and competition
- Distribute gymnast's accreditations once registered on the day of competition
- Inform the Team Chaperone of gymnasts who have been registered and of any withdrawals in order for them to update the Accreditation Desk
- Liaise with the Team Chaperone to arrange collection of gymnasts from the entrance to take them down to the Warm-Up Hall. In addition ensure responsible adults are also informed of as to the location for collecting gymnasts after competition (Concourse level).

Please note the Team Manager and Chaperone will only be permitted to access the gymnast / coaches entrance and Warm-Up Hall, not the Field of Play.

#### Name(s): Harriet Curtis

Where this role is fulfilled by different people over the weekend, the Team Manager's accreditation should be handed back at the Accreditation Desk to be passed onto the relevant person.

### Team Chaperones

The role of the Team Chaperones is to liaise and support the Team Manager.

#### Duties:

- To arrange collection of gymnasts from the gymnast and coaches entrance and lead them to the Warm-Up Hall, where their coaches from the region will be located (route can be shown in **Appendix 1**)
- To deliver gymnasts back to their responsible adults, at concourse level at the agreed times
- To inform the Accreditation Desk of all withdrawals / changes to teams

Please note the Team Chaperones will only be permitted to access the gymnast / coaches entrance and Warm-Up Hall, not the Field of Play.

#### Name(s): n/a

Where this role is fulfilled by different people over the weekend, the Team Chaperone's accreditation must be handed back to the Accreditation Desk, and the new official will need to collect upon arrival.

### Coaches

Please find below a list of coaches from your region.

Coaches will be required to report to the British Gymnastics Accreditation Desk on arrival to collect their accreditation. Should a coach arrive who is not on the list below, please also ask them to report to the Accreditation Desk so we can carry out the necessary checks.

Please note, accredited coaches will have access to both the Warm-Up Hall and Field of Play, however the following coach ratio will apply:

**TRA:** 8 coaches (4 FOP & 4 Warm-Up Hall)  
**TUM:** 8 coaches (4 FOP & 4 Warm-Up Hall)  
**DMT:** 4 coaches (4 FOP & 4 Warm-Up Hall)

Saturday

Region	Name	Competition
London	Acacia Jervis	TRA NDP 1 Women 11-12
London	Acacia Jervis	TRA NDP 2 Women 13+
London	Andrew Freeman	DMT NDP 3 Women 11-12
London	Andrew Freeman	DMT NDP 3 Women 13+
London	Andrew Freeman	DMT NDP 5 Women 15+
London	Andrew Freeman	DMT NDP 6 Men 13-14
London	Daneel Simpson	TRA NDP 3 Women 11-12
London	Daneel Simpson	TRA NDP 3 Women 9-10
London	Daneel Simpson	TRA NDP 4 Men 11-12
London	Daneel Simpson	TRA NDP 4 Men 9-10
London	Daneel Simpson	TRA NDP 4 Women 11-12
London	Fern Butler-Korro	TUM NDP 3 Women 13+
London	Hayley Harris	TRA NDP 4 Women 11-12
London	Helen Korro	TUM NDP 1 Women 11-12
London	Karen Edney	TUM NDP 3 Women 13+
London	Kathryn Small	TUM NDP 1 Men 9-10
London	Kathryn Small	TUM NDP 1 Women 9-10
London	Kathryn Small	TUM NDP 2 Women 9-10
London	Kay Ongley	TUM NDP 2 Women 11-12
London	Lucy McSweeney	TRA NDP 1 Men 9-10
London	Lucy McSweeney	TRA NDP 1 Women 11-12
London	Lucy McSweeney	TRA NDP 1 Women 13+
London	Lucy McSweeney	TRA NDP 1 Women 9-10
London	Lucy McSweeney	TRA NDP 2 Men 9-10
London	Lucy McSweeney	TRA NDP 2 Women 11-12
London	Lucy McSweeney	TRA NDP 3 Men 11-12
London	Lucy McSweeney	TRA NDP 3 Women 13+
London	Lucy McSweeney	TRA NDP 4 Men 11-12
London	Lucy McSweeney	TRA NDP 4 Women 13+
London	Melissa Bird	TRA NDP 3 Women 11-12
London	Michelle Nevils	TUM NDP 2 Women 13+
London	Paul Welch	TUM NDP 1 Men 11-12
London	Paul Welch	TUM NDP 1 Women 13+
London	Paul Welch	TUM NDP 2 Men 13+
London	Paul Welch	TUM NDP 3 Men 13+
London	Robert Small	TUM NDP 1 Women 11-12
London	Robert Small	TUM NDP 1 Women 9-10
London	Robert Small	TUM NDP 2 Women 13+
London	Robert Small	TUM NDP 2 Women 9-10

Sunday

Region	Name	Competition
London	Andrew Freeman	DMT NDP 1 Men 11-12
London	Andrew Freeman	DMT NDP 1 Men 9-10
London	Andrew Freeman	DMT NDP 1 Women 11-12
London	Andrew Freeman	DMT NDP 1 Women 13+
London	Andrew Freeman	DMT NDP 1 Women 9-10

London	Andrew Freeman	DMT NDP 2 Women 11-12
London	Andrew Freeman	DMT NDP 2 Women 13+
London	Andrew Freeman	DMT NDP 3 Men 11-12
London	Andrew Freeman	DMT NDP 3 Men 13+
London	Andrew Freeman	TRA NDP 4 Men 13+
London	Andrew Freeman	TUM NDP 4 Women 9-10
London	Carrie-Ann Williamson	TRA NDP 5 Women 13-14
London	Carrie-Ann Williamson	TRA NDP 6 Men 15-16
London	Daneel Simpson	TRA NDP 5 Men 11-12
London	Daneel Simpson	TRA NDP 5 Men 15+
London	Daneel Simpson	TRA NDP 5 Men 13-14
London	Fern Butler-Korro	TUM NDP 4 Women 13+
London	Hayley Harris	TRA NDP 4 Women 13+
London	Helen Korro	TUM NDP 4 Women 13+
London	Katie Drewett	DMT NDP 1 Women 11-12
London	Kay Ongley	TUM NDP 4 Women 11-12
London	Leon Beuzeval	TUM NDP 4 Women 11-12
London	Louis Austin	TRA NDP 5 Women 15+
London	Louis Austin	TRA NDP 5 Women 13-14
London	Lucy McSweeney	DMT NDP 1 Women 13+
London	Lucy McSweeney	TRA NDP 4 Women 13+
London	Melissa Bird	TRA NDP 5 Men 15+
London	Melissa Bird	TRA NDP 5 Women 15+
London	Michael Freeman	DMT NDP 1 Men 11-12
London	Paul Welch	TUM NDP 4 Men 11-12

## Gymnasts

Please find below a list of gymnasts competing from your region, by flight.

Gymnasts should be signed in at the regional desk and issued with their accreditation on the day of their competition. At the correct warm-up time, gymnasts should be taken to the Warm-Up Hall by the Team Chaperone to meet their coaches. When finished competing, or as and when required, the Team Chaperone should take the gymnasts back to concourse level to meet their responsible adults.

### Saturday

Region	Name	Competition	Flight
London	Maayan Quintana	TRA Level 1 Women 9-10	1
London	Freya Georges	TRA Level 1 Women 9-10	1
London	Joshua Baker	TRA Level 1 Men 9-10	1
London	Tiyana Meade Blanchard	TRA Level 1 Women 13+	1
London	Jemima Eckes	DMT Level 3 Women 11-12	1
London	Elizabeth Cowan	DMT Level 3 Women 13+	1
London	Susie Hamzeh	DMT Level 3 Women 13+	1
London	Alice Franklin	TUM Level 1 Women 11-12	1
London	Gracie Varney	TUM Level 1 Women 11-12	1
London	Isabella Fairclough	TUM Level 1 Women 13+	1
London	Natasha Barnes	TRA Level 1 Women 13+	2
London	Sophie Borley-Holden	TRA Level 2 Women 13+	2
London	Sana Ahmed	TRA Level 2 Women 13+	2
London	Samuel Newman Kemp	TRA Level 2 Men 9-10	2
London	Noko Yamaguchi	TUM Level 1 Womens 9-10	2
London	Samuel Clark	TUM Level 1 Men 9-10	2
London	Ernestas Gudynas	TUM Level 1 Men 11-12	2
London	Sophie Borley-Holden	TUM Level 1 Women 13+	2
London	Alexia Hibbert	TUM Level 2 Women 11-12	2
London	Harriet Gadd	TUM Level 2 Women 11-12	2
London	Lucy Corless	TRA Level 1 Women 11-12	3
London	Robyn Simms	TRA Level 1 Women 11-12	3
London	Hannah Lennon	TRA Level 2 Women 11-12	3

London	Minnie Taylor	TUM Level 1 Womens 9-10	3
London	Trey MCGregor	TUM Level 2 Men 13+	3
London	Cherri Read	TUM Level 2 Women 9-10	3
London	Arwenna Harvey	TUM Level 2 Women 9-10	3
London	Joe Spensley	TRA Level 3 Men 11-12	4
London	Jonas Morland	TRA Level 3 Men 11-12	4
London	Petronella Hoogeboom	DMT Level 5 Women 15+	4
London	Asif Malik	TRA Level 4 Men 9-10	5
London	Shatakshi Sudanagunta	TRA Level 3 Women 9-10	5
London	Chloe Davey	TRA Level 3 Women 11-12	5
London	Theo Brass	DMT Level 6 Men 13-14	5
London	Amy Taylor	TUM Level 2 Women 13+	5
London	Noah Finette	TUM Level 3 Men 13+	5
London	Lily Pritchard	TRA Level 3 Women 11-12	6
London	Alina Chpoun	TUM Level 3 Women 13+	6
London	Mate Dominik	TRA Level 4 Men 11-12	7
London	Dovydas Olekas	TRA Level 4 Men 11-12	7
London	Myssa Reid	TRA Level 3 Women 13+	7
London	Rebecca Oram	TRA Level 3 Women 13+	7
London	Hannah Bunce	TRA Level 4 Women 11-12	7
London	Amy Chapman	TRA Level 4 Women 11-12	7
London	Rosina Woodroof	TUM Level 2 Women 13+	7
London	Zara Hill	TUM Level 3 Women 13+	7

Sunday

Region	Name	Competition	Flight
London	Lauran Leslie	TRA Level 4 Women 13+	1
London	Susie Hamzeh	TRA Level 4 Women 13+	1
London	Theo Brass	TRA Level 4 Men 13+	1
London	Joshua Bouwer	TRA Level 5 Men 11-12	1
London	Joshua Baker	DMT Level 1 Men 9-10	1
London	Toby Eckes	DMT Level 1 Men 9-10	1
London	Campbell McLaren	DMT Level 1 Men 11-12	1
London	Lauren Davis	DMT Level 1 Women 9-10	1
London	Ciara McLaren	DMT Level 1 Women 9-10	1
London	Armored Morrison	DMT Level 1 Women 11-12	2
London	Annabel Hincks	TUM Level 4 Women 13+	2
London	Joseph Moore	TRA Level 5 Men 15+	3
London	Harry Adam	TRA Level 5 Men 15+	3
London	Lilianna Czaplowska	TRA Level 5 Women 13-14	3
London	Robyn Simms	DMT Level 1 Women 11-12	3
London	Natasha Barnes	DMT Level 1 Women 13+	3
London	Leeya Tarrant	TUM Level 4 Women 9-10	3
London	Emilia Ace	TUM Level 4 Women 11-12	3
London	Ekechi Smith	TUM Level 4 Women 11-12	3
London	Kiara Patel	TUM Level 4 Women 13+	3
London	Joao Caeiro	TRA Level 6 Men 13-14	4
London	Caitlin Ayres	TRA Level 5 Women 13-14	4
London	Bethan Calder	DMT Level 2 Womens 11-12	4
London	Daisy Poole	DMT Level 2 Womens 11-12	4
London	Tiyana Meade Blanchard	DMT Level 1 Women 13+	4
London	Zak Demetriades	TRA Level 6 Men 15-16	5
London	Anoushka Keeley	TRA Level 5 Women 15+	5
London	AYOME REID	TRA Level 5 Women 15+	5
London	Connor Brown	TUM Level 4 Men 11-12	5
London	Tianee Camille	TRA Level 5 Women 15+	6
London	Ariadokht Ezaz-Nikpay	DMT Level 2 Women 13+	6
London	Joe Spensley	DMT Level 3 Men 11-12	6
London	Jake Azzopardi	DMT Level 3 Men 13+	6

London	Maxwel Whitlock	TUM Level 4 Men 11-12	6
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### Parents & Spectators

Responsible adults / guardians are required to arrive and transfer responsibility to the Regional Team Chaperone at the gymnasts and coaches entrance (**Entrance E**) and then proceed to use the designated spectator entrance (**Entrance F**) for orientation training and on days of competition. When gymnasts have finished competing, responsible adults / guardians are required to meet gymnasts at concourse level, not at the regional desks. The Team Chaperone will lead gymnasts back to their responsible adult / guardians if required. This is to prevent the area where the regional desks are located from becoming too congested, and ensure this area is only accessed by accredited persons.

## Venue Information

### Address

Arena  
King Edwards Road  
Birmingham  
B1 2AA

### Car Parking

Pay and display car parking is available at the venue on the North car park. Alternative car parking is available nearby.

### Gymnast & Coaches Entrance

For orientation training and on the days of competition, gymnasts and coaches are required to use the designated entrance signposted as **Entrance E** (see diagram in **Appendix 2**) and report to the regional desk to be signed in.

### Spectator Entrance

For orientation training and on the days of competition, spectators are required to use the designated spectator entrance, signposted as **Entrance F** (see diagram in **Appendix 2**).

### Regional Desks

Each region will be allocated a desk located in the foyer area located at the gymnasts and coaches entrance (Entrance E). This desk will be manned by the Team Manager who will register gymnasts upon arrival. Coaches are required to report to the Accreditation Desk, also located in the foyer area to the right of the regional desks, to register.

### Accreditation Desk

The British Gymnastics Accreditation Desk will be located in the foyer area of the gymnasts and coaches entrance, to the right of the regional desks.

This desk will be used for the following:

- Coach's registration and accreditation
- For each regional Team Chaperone to inform British Gymnastics of gymnast's registrations and withdrawals by flight
- To hand in each region's orientation training sheet confirming who is in attendance
- Submission of tariff sheets
- Any queries regarding the event

### Warm-Up Hall

Gymnasts must not use the equipment in the Warm-Up Hall without a qualified coach present and must respect their schedule time as per the timetable.

### Regional Areas

Each region will be allocated an area of the Warm-Up Hall for their teams to congregate. Please see the diagram in **Appendix 3** for details. Please respect this request and stick to the areas provided for ease of gymnasts finding coaches and vice versa.

### Gymnast and Coaches Seating

Accredited gymnasts and coaches who wish to watch the competition may sit in the allocated delegation seating (Blocks 2 & 11). Please respect this request and do not sit in any other area during the competition.

If a gymnast/coach wishes to spectate on the day they are not competing, they will be required to report to the Accreditation Desk, to collect a spectator ticket.

## Orientation Training

Orientation training will take place on Friday evening for gymnasts competing on Saturday, and Saturday evening for those competing on Sunday. Gymnasts and coaches should report to the regional desks at the gymnasts and coaches entrance on arrival to be signed in. Spectators are required to use the designated spectator entrance (entrance 'F').

Training is scheduled by region, please see below for the timetable.

It is the responsibility of the Team Manager to register gymnasts for orientation training, and the Team Chaperone to notify the Accreditation Desk of any gymnasts who are not on site for health and safety reasons. Coaches should report to the Accreditation Desk to sign in for orientation training.

It is advised that the Team Manager contacts the individual clubs within your region prior to the event to enquire as to whether they are attending training. A hard copy of these lists will be available at the event.

### Orientation Training Schedule

Entry to stretching area will be 15 mins before warm up in training hall commences

Friday 15 <sup>th</sup> June	Stretching area	Training Hall	Field of Play
Group 1	14:30hrs – 15:00hrs	15:00hrs – 15:30hrs	15:30hrs – 16:00hrs
Group 2	15:00hrs – 15:30hrs	15:30hrs – 16:00hrs	16:00hrs – 16:30hrs
Group 3	15:30hrs – 16:00hrs	16:00hrs – 16:30hrs	16:30hrs – 17:00hrs
Group 4	16:00hrs – 16:30hrs	16:30hrs – 17:00hrs	17:00hrs – 17:30hrs
Group 5	16:30hrs – 17:00hrs	17:00hrs – 17:30hrs	17:30hrs – 18:00hrs
Group 6	17:00hrs – 17:30hrs	17:30hrs – 18:00hrs	18:00hrs – 18:30hrs
Saturday 16 <sup>th</sup> June	Stretching area	Training Hall	Field of Play
Group 1	18:00hrs – 18:30hrs	18:30hrs – 19:00hrs	19:00hrs – 19:30hrs
Group 2	18:30hrs – 19:00hrs	19:00hrs – 19:30hrs	19:30hrs – 20:00hrs
Group 3	19:00hrs – 19:30hrs	19:30hrs – 20:00hrs	20:00hrs – 20:30hrs
Group 4	19:30hrs – 20:00hrs	20:00hrs – 20:30hrs	20:30hrs – 21:00hrs

### Friday 15<sup>th</sup> June

	Trampoline	Tumbling	DMT
Group 1	Wales, South West	South West, London	Wales, East Midlands, South West
Group 2	East, South	North of England, South	North of England, Yorkshire, East
Group 3	West Midlands, South East	North West, South East	North West, West Midlands



<b>Group 4</b>	Scotland, North West	Yorkshire, Wales	Scotland,
<b>Group 5</b>	Yorkshire, East Midlands	West Midlands, East	South East, London
<b>Group 6</b>	Northern Ireland, North of England, London	Scotland, East Midlands	Northern Ireland, South

### Saturday 16<sup>th</sup> June

	Trampoline	Tumbling	DMT
<b>Group 1</b>	Yorkshire, West Midlands, South East	North West, West Midlands, South West, London	Northern Ireland, West Midlands, South East, London
<b>Group 2</b>	Scotland, Wales, South West	Scotland, Wales, East Midlands	Scotland, South West
<b>Group 3</b>	East, South, London	East, South, South East	Yorkshire, East, South
<b>Group 4</b>	Northern Ireland, North of England, North West	North of England, Yorkshire,	North of England, North West, Wales, East Midlands

Please note, gymnasts are only authorised to train as per the orientation schedule. Should any issues arise, please go to the Accreditation Desk for assistance.

Parents are authorised to watch orientation training free of charge. Paper wristbands will be distributed by the venue for those wishing to spectate.

## Competition

Please note there is a strict no mobile phones policy on the Field of Play.

### Timetable

The Team Manager and Team Chaperone should adhere to the timings listed on the competition timetable, and ensure gymnasts are not present in the warm-up hall earlier than stated.

NB: As per previous events the competition will run up to 60 minutes ahead of schedule, if possible, therefore please ensure your gymnasts are on-site should this occur.

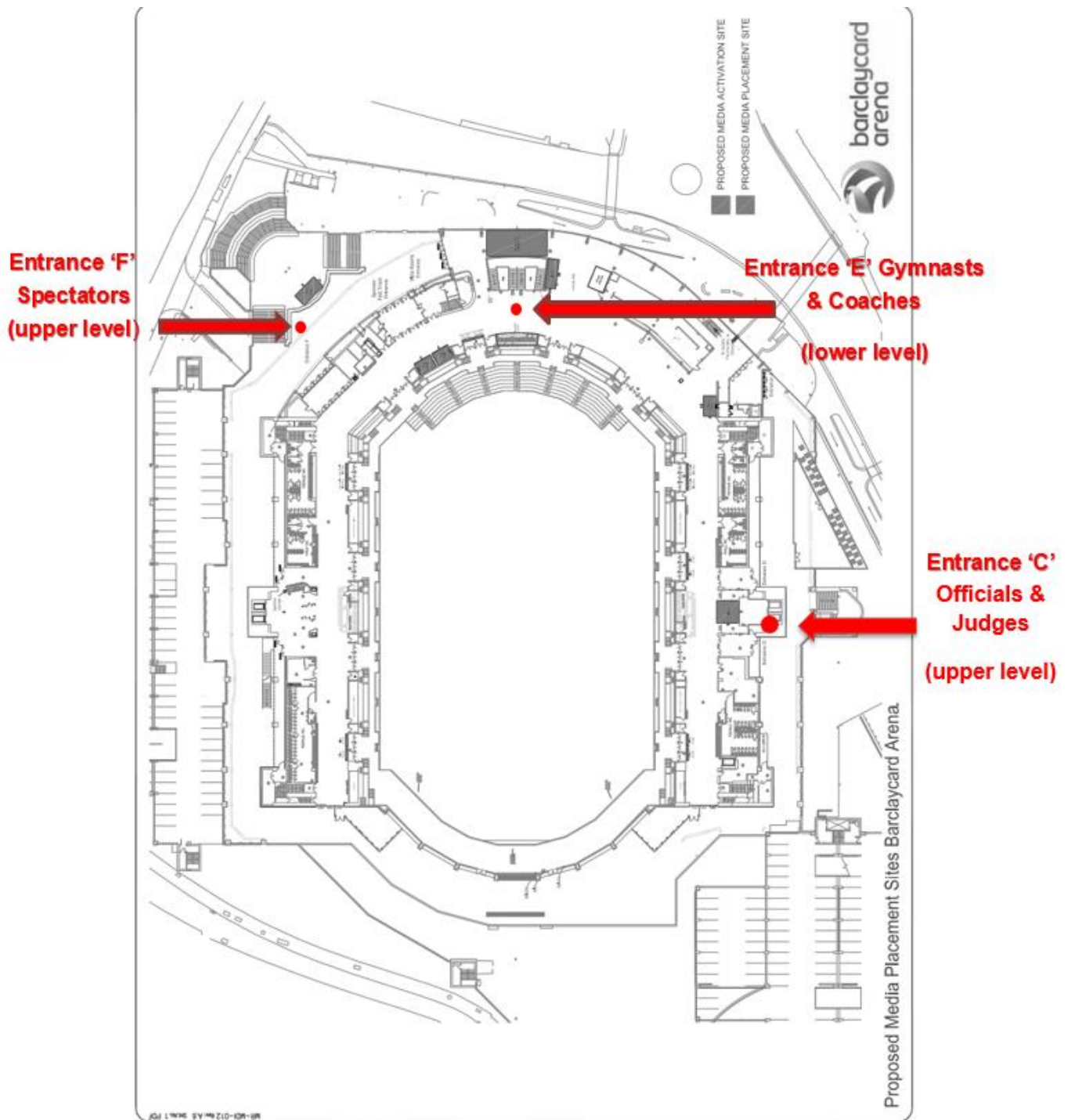
Following the above statement, it is important that the competition timings are followed. Should clarification be needed, please enquire at the Accreditation Desk.

## Catering

There will be catering outlets open at the venue throughout the weekend, including during orientation training. Alternatively, spectators are welcome to bring packed lunches and snacks.



Appendix 2 – Gymnasts, Coaches & Spectator Entrances



Gymnasts and coaches are required to use Entrance E, on the lower level and spectators must use Entrance F, on the upper level. Entrance F is also where gymnasts will meet parents/spectators after competing.

### Appendix 3 – Regional Areas

The diagram below details the areas allocated to the regions in the Warm-Up Hall. This will be used as a point of reference for gymnasts and coaches to meet. Due to limited space, when gymnasts are not due to be in the Warm-Up Hall please ensure they watch the competition from the gymnast's and coach's seating blocks (Block 2 & 11).

