



**London Regional TRA NDP Event 1 (2019)  
18th November 2019 Program**

To be read in conjunction with the London Trampoline Gymnastics Competition  
Handbook 2019 & Officials letter

**Welcome to the first NDP qualifying event for the NDP Regional Team  
Finals in Birmingham later this year!**

Thank you to coaches, judges, team managers, competitors and parents for your support and commitment to training for this season and the encouragement that you provide throughout the year so that your gymnasts can participate in this competition.  
Thank you to Simon and the staff at Harlington Sports Centre for hosting this event today.  
We extend a warm welcome to all those who are competing for the first time at this competition and we look forward to seeing you in future years.  
I hope you all have a fantastic time today and to those of you who are competing I wish you all the very best of luck.

Harriet Curtis & Karen Gent  
Competition Organiser & Judging Secretary  
On behalf of the London Gymnastics Trampoline Technical Committee

## TIMETABLE

		PANEL 1		PANEL 2	
<b>FLIGHT 1</b>					
Arrive at 08:40	Abigael McGuckin	NDP 1 7-8 & 13+	10	Club 1 13+ & Club 3 9-10	10
WARM UP	Sophie Langdon Emily Mann	0900-0915		0900-0915	
ONE TOUCH	Armored Morrison Tiyana Meade-B	0915-0925		0915-0925	
COMPETE		0925-0945		0925-0945	
<b>FLIGHT 2</b>					
Arrive at 09:15	Vaishali B	NDP 5 13-14 & 15+	9	Club 1 11-12 & NDP 4 13+	9
WARM UP	Susie Hamzeh	0945-1000		0945-1000	
ONE TOUCH		1000-1010		1000-1010	
COMPETE		1010-1030		1010-1030	
<b>FLIGHT 3</b>					
Arrive at 09:30	Poppy Wilmot Poppy wood	Club 3 11-12 & NDP 6	9	NDP 2 13+ & NDP 4 9-10, 11-12	9
WARM UP	Holly Gaylor Tom Simpson	1030-1045		1030-1045	
ONE TOUCH	Charlotte Porter Tyler Stote	1045-1055		1045-1055	
COMPETE		1055-1115		1055-1115	
<b>FLIGHT 4</b>					
Arrive at 10:15	Emma Thomas Millie Sicklen	Club 1 9-10, Club 2 13+ & NDP 1 9-10	9	NDP 2 11-12 & NDP 3 9-10, 13+	9
WARM UP	Maxim Guthalo Gabiella Hillyard	1115-1130		1115-1130	
ONE TOUCH	Freddy Hoath Lilian Hamblin	1130-1140		1130-1140	
COMPETE		1140-1200		1140-1200	
<b>FLIGHT 5</b>					
Arrive at 11:00	Mia Wanli Katie Jackivicz	NDP 1 11-12	6	Club 3 13+ & NDP 3 11-12	6
WARM UP	Lukas Marciukonis	1200-1210		1200-1210	
ONE TOUCH		1210-1215		1210-1215	
COMPETE		1215-1230		1215-1230	

**Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.**

**Presentations will take place as soon as possible after the end of each discipline. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed.**

## OFFICIALS

	<b>Panel 1</b>		<b>Panel 2</b>	
<b>Chair</b>	Michael Freeman	KTA	Carole Charters	ZEN
<b>Difficulty 1</b>	Beeshman Sivakumaran	HAR	Katie Drewett	KTA
<b>Difficulty 2</b>	Kim Nash	IND	<b>VACANCY</b>	
<b>Execution 1</b>	Hayley Harris	CAM	Zac Laidi	CAM
<b>Execution 2</b>	Peter Freeman	KTA	Carol Freeman	KTA
<b>Execution 3</b>	Angela Moore	TWZ	Joseph Moore	TWZ
<b>Execution 4</b>	Olaniyi Ayoda	ZEN	Donna Ayes	ZEN
<b>HD 1</b>	Ebony Mckenzie	CAM	Louise Ellis	KTA
<b>HD 2</b>	Pitta Lomodong*	CAM	Lauran Leslie	CAM
<b>TOF</b>	N/A		N/A	
<b>Computer</b>	Tom Simpson	KTA	Oliver Cubillos	KTA
<b>Recorder</b>	Rebecca Bird	TWZ	Sandra Palmer	ZEN
<b>Marshall</b>	Aimee Menton	KTA	Stella Horrell	KTA
<b>Range &amp; Conditioning</b>	<b>VACANCY</b>			

### **Qualified Reserves**

### **Unqualified Reserves**

VACANCY

VACANCY

\* competing

## ORGANISATION

<b>Competition</b>	Harriet Curtis	LTA
<b>Database</b>	Karen Gent	CHC
<b>Judges</b>	Karen Gent	CHC
<b>Computers</b>	Andrew Wood / Karen Gent	IND / CHC
<b>TOF Manager</b>	n/a	
<b>Floor Manager</b>	Andrew Wood	IND
<b>Trophies</b>	Organisers	
<b>Welfare Officer</b>	Michael Freeman	KTA
<b>Door</b>	Mark Williams	KTA

## **FURTHER INFORMATION**

### **Results:**

Official, signed results will be displayed on the wall, outside the hall, after each group has finished.

Please do not remove results from the wall. Results will be emailed to team managers and will be available on London Gymnastics website

### **Video & Photography:**

**PLEASE NOTE THAT FOR SAFETY REASONS FLASH PHOTOGRAPHY IS PROHIBITED WHILST COMPETITORS ARE ON THE TRAMPOLINES**

If you forget and we see you flashing (!), please do not be upset when you get a very loud reminder!

By being present in the competition venue you agree that photographic and/or video images may be taken of you. If you are taking photographs and / or video footage, you accept the terms and conditions of British Gymnastics Photographic Policy. A copy of this is available from the British Gymnastics website.

### **Litter:**

Litter seems to be a constant problem at trampoline competitions. Please could you make a point of using the litter bins in the Sports Hall. If drinks are spilled please tell someone involved with running this event so that we can get it cleaned up quickly and it doesn't get on to clothes or coats.

### **Other:**

The tuck shop is run by Harlington Hawks and all proceeds go to Harlington Hawks Trampoline club.

Please contact Harlington Sports centre for any lost property

### **Competing Clubs:**

We have 6 clubs competing today

Camden Gymnastics Club

Harrow Trampoline Club

Hendon Gym Club

Kingston Trampoline

Academy

Twizzlers

Zenith Trampoline Club

## COMPETITORS & START LIST

<b>Group</b>	<b>No</b>	<b>Name</b>	<b>Club</b>
Club 1 (9-10)	1	Emma Thomas	Kingston
Club 1 (9-10)	2	Millie Sicklen	Kingston
Club 1 (9-10)	3	Sarah Brockie	Zenith
Club 1 (9-10)	4	Maxim Guthalo	Kingston
Club 1 (9-10)	5	Gabriella Hillyard	Kingston
Club 1 (11-12)	1	Beatrice Collins	Kingston
Club 1 (11-12)	2	Mia Archer	Kingston
Club 1 (11-12)	3	Amelie Delaney-Meinesz	Kingston
Club 1 (11-12)	4	Gracie Rose Line	Kingston
Club 1 (13+)	1	Poppy Macnaughton	Kingston
Club 1 (13+)	2	Emma Atkinson	Kingston
Club 2 (13+)	1	Freddie Hoath	Kingston
Club 3 (9-10)	1	Emily Mccarthy	Kingston
Club 3 (9-10)	2	Maximillian Flint	Kingston
Club 3 (9-10)	3	Noa Hammerman	Zenith
Club 3 (9-10)	4	Jessica Randall	Kingston
Club 3 (9-10)	5	Samuel Hinallas	Zenith
Club 3 (9-10)	6	Samuel Newman	Kingston
Club 3 (9-10)	7	Toby Eckes	Kingston
Club 3 (9-10)	8	Olivia Klein	Kingston
Club 3 (11-12)	1	Poppy Wilmot	Kingston
Club 3 (11-12)	2	Poppy Wood	Kingston
Club 3 (11-12)	3	Eloise West	Zenith
Club 3 (11-12)	4	Caleb Goldsworthy	Zenith
Club 3 (11-12)	5	Holly Gaylor	Kingston
Club 3 (11-12)	6	Tom Simpson	Kingston
Club 3 (11-12)	7	Charlotte Porter	Kingston
Club 3 (13+)	1	Lucy Wilmot	Kingston
Club 3 (13+)	2	Rebecca Forbes	Kingston
Club 3 (13+)	3	Elena Wykes	Kingston
Club 3 (13+)	4	Oz Hammerman	Zenith
NDP 1 (9-10)	1	Emily Bradley	Twizzlers
NDP 1 (9-10)	2	Rowan Broda	Camden
NDP 1 (9-10)	3	Lilia Hamblin	Kingston
NDP 1 (11-12)	1	Kaylee Ashford	Twizzlers
NDP 1 (11-12)	2	Layla Page	Zenith

NDP 1 (11-12)	3	Sophie Alston	Twizzlers
NDP 1 (11-12)	4	Bianca Serrano	Camden
NDP 1 (11-12)	5	Mia Wanli	Kingston
NDP 1 (11-12)	6	Katie Jackivicz	Kingston
NDP 1 (13+)	1	Abigael McGuckin	Kingston
NDP 1 (13+)	2	Amelie Gowe	Kingston
NDP 1 (13+)	3	Sophie Langdon	Kingston
NDP 1 (13+)	4	Emily Mann	Kingston
NDP 1 (13+)	5	Armored Morrison	Kingston
NDP 1 (13+)	6	Tamara Vaughan	Zenith
NDP 1 (13+)	7	Zoe Hunter	Twizzlers
NDP 1 (13+)	8	Maisie Cheshire	Zenith
NDP 1 (13+)	9	Tiyana Meade-Blanchard	Kingston
NDP 2 (11-12)	1	Camilla Rasulova	Kingston
NDP 2 (11-12)	2	Freya Georges	Kingston
NDP 2 (11-12)	3	Lacey Kiely	Camden
NDP 2 (13+)	1	Natasha Barnes	Kingston
NDP 2 (13+)	2	Amelia Vaistone-Smith	Camden
NDP 2 (13+)	3	Olivia Williamson	Zenith
NDP 2 (13+)	4	Mya Palmer	Zenith
NDP 2 (13+)	5	Daisy Poole	Kingston
NDP 2 (13+)	6	Polly Gibson	Kingston
NDP 2 (13+)	7	Bethan Calder	Kingston
NDP 3 (9-10)	1	Lilly Cookson	Camden
NDP 3 (11-12)	1	Sienna Conquest-Appadoo	Camden
NDP 3 (11-12)	2	Nancy Wright	Camden
NDP 3 (13+)	1	Aya Hayatsu	Camden
NDP 3 (13+)	2	Paige Coles-Piper	Twizzlers
NDP 3 (13+)	3	Joe Spensley	Kingston
NDP 3 (13+)	4	Jonas Morland	Kingston
NDP 3 (13+)	5	Robyn Simms	Kingston
NDP 4 (9-10)	1	Jasmine Nkoso	Camden
NDP 4 (11-12)	1	Charlotte Ellis	Hendon
NDP 4 (13+)	1	Pitta Domodong	Camden
NDP 4 (13+)	2	Amy Chapman	Camden
NDP 4 (13+)	3	Edward Cecil	Zenith
NDP 4 (13+)	4	Isabella Lakey	Camden
NDP 4 (13+)	5	Jemima Eckes	Kingston
NDP 5 (13-14)	1	Chloe Davey	Twizzlers
NDP 5 (15+)	1	Caitlin Ayres	Zenith
NDP 5 (15+)	2	Vaishali Balachandran	Kingston
NDP 5 (15+)	3	Samantha Hall	Harrow

NDP 5 (15+)	4	Susie Hamzeh	Kingston
NDP 5 (15+)	5	Bea Torre	Twizzlers
NDP 5 (15+)	6	Orli Ash	Harrow
NDP 5 (15+)	7	Ronna Mirab	Hendon
NDP 5 (15+)	8	Alexia Chan	Hendon
NDP 6 (15-16)	1	Zak Demetriades	Zenith
NDP 6 (17+)	1	Tyler Stote	Kingston

## COMPETITION CALENDAR

EVENT	OPENING DATE	CLOSING DATE	DATE	VENUE
London Regional DMT NDP Event 1 (2019)	24/09/18	23:59 22/10/18	17/11/2018	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Event 1 (2019)	17/09/2018	23:59 15/10/18	18/11/2018	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional TRA 1 (2019)	01/10/2018	23:59 29/10/18	02/12/2018	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional DMT NDP Event 2 (2019)	19/11/2018	23:59 17/12/18	02/02/2019	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Event 2 (2019)	19/11/2018	23:59 17/12/18	03/02/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional TRA 2 (2019)	10/12/2018	23:59 07/01/19	17/02/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional DMT NDP Event 3 (2019)	24/12/2018	23:59 21/01/19	02/03/2019	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Event 3 (2019)	24/12/2018	23:59 21/01/19	03/03/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional DMT NDP Compulsory Final (2019)	04/02/2019	23:59 11/03/19	30/03/2019	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Compulsory Final (2019)	04/02/2019	23:59 11/03/19	31/03/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Youth Games	TBC	TBC	19/05/2019	Harrow Sports Centre
London Regional Squad Training	N/A	N/A	18/05/2019	TBC
NDP Team Final	01/04/2019	23:59 08/04/19	07-09 /06/19	Arena Birmingham
London Regional TRA 3 (2019)	22/04/2019	23:59 20/05/19	30/06/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
NDP Final	19/04/2019	Noon 12/06/19	12-14 /07/19	Motorpoint Arena Nottingham
London Regional TRA 4 (2019)	15/07/2019	23:59 12/08/19	22/09/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional TRS (2019)	15/07/2019	23:59 12/08/19	22/09/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional Championships and London Closed (2019)	23/09/2019	23:59 30/09/19	26-27 /10/19	Harlington Sports Centre Pinkwell Lane UB3 1PB





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