



**London Regional TRA NDP Event 2 (2019)
3rd February 2019 Program**

To be read in conjunction with the London Trampoline Gymnastics Competition
Handbook 2019 & Officials letter

**Welcome to the second NDP qualifying event for the NDP Regional Team
Finals in Birmingham later this year!**

Thank you to coaches, judges, team managers, competitors and parents for your support and commitment to training for this season and the encouragement that you provide throughout the year so that your gymnasts can participate in this competition.

Thank you to Simon and the staff at Harlington Sports Centre for hosting this event today.

We extend a warm welcome to all those who are competing for the first time at this competition and we look forward to seeing you in future years.

I hope you all have a fantastic time today and to those of you who are competing I wish you all the very best of luck.

Harriet Curtis & Karen Gent

Competition Organiser & Judging Secretary

On behalf of the London Gymnastics Trampoline Technical Committee

TIMETABLE

	PANEL 1		PANEL 2		PANEL 3	
FLIGHT 1						
Arrive by 8:45am	Club 1 7-8 / Club 1 11-12 / Club 2 9-10 Esme Miller, Elsie Simms, Zola Grace Franca-Bommer, Abigail Page, Andy Wang, Gracie Rose Line, Beatrice Collins, Caidain Allday, Ona Jakucionyte, Amelie Delaney-Meinesz, Felix Linghorn, Amelie Aziz, Elsa Morland	15	Club 1 13+ / Club 1 9-10 / Club 2 11-12 / Club 2 13+ Poppy Macnaughton, Victoria Wulf, Orry Jelfs, Millie Sicklen, Emma Thomas, Isobel Duncan, Florrie Osmand, Liv Tennebo, Liza Coimbra, Gabriella Hillyard, Hannah Katz, Edie Flynn	15	Club 3 11-12 / Club 3 9-10 Leah Katz, Elodie Osman, Evie McNab, Holly Gaylor, Charlotte Fairfoull, Mia Archer, Charlotte Porter, Poppy Wood, Olivia Klein, Emily McCarthy, Maximillian Flint, Leo Read	15
WARM UP	0900-0920		0900-0920		0900-0920	
ONE TOUCH	0920-0930		0920-0930		0920-0930	
COMPETE	0930-1010		0930-1010		0930-1010	
FLIGHT 2						
Arrive by 9:40am	NDP 1 11-12 (1-15) Lukas Marciukonis, Tom Simpson, Daisy Jelfs, Lily Simms	15	NDP 1 13+ Armored Morrison, Emily Mann, Elianna Cornfield, Eloise Gummer, Sophie Langdon, Julia Curley, Ellie Panton, Polly Fennell	15	Club level 3 13+ / NDP 1 7-8 / NDP 4 11-12 Rebecca Forbes, Emma Atkinson, Imogen Swain, Freddie Hoath, Elena Wykes, Camille Turner, Freya Himes, Eleanor Lucas, Thomas Muller, Freya Georges, Camilla Rasulovala,	15
WARM UP	1010-1030		1010-1030		1010-1030	
ONE TOUCH	1030-1040		1030-1040		1030-1040	
COMPETE	1040-1120		1040-1120		1040-1120	
FLIGHT 3						
Arrive by 10:20am	NDP 1 11-12 (16-21) / NDP 1 9-10 Toby Eckes, Samuel Newman, Jessica Randall	15	NDP 2 11-12 / NDP 2 13+ / NDP 2 7-8 Mia Wanli, Katie Jackivicz, Polly Gibson, Daisy Poole, Bethan Calder, Amelie Gowe	16	NDP 2 9-10 / NDP 3 11-12 / NDP 3 13+ / NDP 3 9-10 Lilia Hamblin Abigail McGuckin	14
WARM UP	1120-1140		1120-1140		1120-1140	
ONE TOUCH	1140-1150		1140-1150		1140-1150	
COMPETE	1150-1230		1150-1230		1150-1230	
OFFICIALS LUNCH 12:30-1250						
FLIGHT 4						
Arrive by 11:30am	NDP 4 13+ / NDP 5 13-14 Jonas Morland, Joe Spensley, Robyn Simms, Jemima Eckes, Dovydas Olekas	16	NDP 4 9-10 / NDP 5 11-12 / NDP 5 15+ Joshua Baker, Eloise Gardner, Gabrielle Park, Alfie Shepherd, Phoebe Craddock, Vaishali Balachandran, Susie Hamzeh	17	NDP 5 9-10 / NDP 6 11-14 / NDP 6 15-16 Julia Prestigiacomo, Bethany Randall, Jake Azzopardi, Zachariah Wilson, Piper Stote, Oliver Cubillos	13
WARM UP	1230-1250		1230-1250		1230-1250	
ONE TOUCH	1250-1300		1250-1300		1250-1300	
COMPETE	1300-1340		1300-1340		1300-1340	

Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.

Presentations will take place as soon as possible after the end of each discipline. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed.

OFFICIALS

	Panel 1		Panel 2		Panel 3	
Chair	Carole Charters	ZEN	Michael Freeman	KTA	Andrew Freeman	KTA
Difficulty 1	Lucy McSweeney	KTA	Claire Gardner	KTA	Hayley Harris	CAM
Difficulty 2	Daneel Simpson	HEA	Caroline Jones	INS	Olaniyi Ayoola	ZEN
Execution 1	Ebony Mckenzie	CAM	Mustafa Ozturk	HEA	Ayome Reid	HEN
Execution 2	Paul Howard / Jodi Grier	INS	Sophie Borley-Holden / Lascelle Sandy	INS	Isabelle Ballard	KTA
Execution 3	Louise Ellis	KTA	Caitlin Fahey	KTA	Simon Hamlin	QUE
Execution 4	Charlotte Mitchell	QUE	Angela Moore	TWZ	Debbie Fraklin	ZEN
HD 1	Ronna Mirab	HEN	Sophia Reed	HEN	Stella Horrel	KTA
HD 2	Francesca Eyles	KTA	Zara Munday	TWZ	Joseph Moore / Sharna Downham	TWZ
Computer	Erin Holgate	KTA	Carol Freeman	KTA	Ellie Scarborough	HEA
Recorder	Rebecca Bird	TWZ	Sandra Palmer	ZEN	Susan Rubin	ZEN
Marshall	Mariola Patola / Irina Truscott	HEN	Amelia Martin / Delilah Lloyd	INS	Donna Ait Sameur	QUE

Qualified Reserves

VACANCY

Unqualified Reserves

CAMDEN CAM
KINGSTON KTA

The club is responsible for covering any competing officials. If they are unable to do this their official will be unable to compete.

No changes unless agreed in advance by the Judging Secretary.

All roles dependent upon qualification confirmation from BG (pending)

ORGANISATION

Competition	Harriet Curtis	LTA
Database	Karen Gent	CHC
Judges	Karen Gent	CHC
Computers	Andrew Wood / Karen Gent	IND / CHC
TOF Manager	n/a	
Floor Manager	Andrew Wood	IND
Trophies	Organisers	
Welfare Officer	Zac Laidi	CAM
Door	Peter Freeman	KTA

FURTHER INFORMATION

Results:

Official, signed results will be displayed on the wall, outside the hall, after each group has finished.

Please do not remove results from the wall. Results will be emailed to team managers and will be available on London Gymnastics website

Video & Photography:

PLEASE NOTE THAT FOR SAFETY REASONS FLASH PHOTOGRAPHY IS PROHIBITED WHILST COMPETITORS ARE ON THE TRAMPOLINES

If you forget and we see you flashing (!), please do not be upset when you get a very loud reminder!

By being present in the competition venue you agree that photographic and/or video images may be taken of you. If you are taking photographs and / or video footage, you accept the terms and conditions of British Gymnastics Photographic Policy. A copy of this is available from the British Gymnastics website.

Litter:

Litter seems to be a constant problem at trampoline competitions. Please could you make a point of using the litter bins in the Sports Hall. If drinks are spilled please tell someone involved with running this event so that we can get it cleaned up quickly and it doesn't get on to clothes or coats.

Other:

The tuck shop is run by Harlington Hawks and all proceeds go to Harlington Hawks Trampoline club.

Please contact Harlington Sports centre for any lost property

Competing Clubs:

We have 9 clubs competing today

Camden Gymnastics Club

Harrow Trampoline Club

Heathrow Gymnastics Club

Hendon Gym Club

Inspire Trampoline Academy

Kingston Trampoline Academy

Queensmead Trampoline Club

Twizzlers

Zenith Trampoline Club

COMPETITORS & START LIST

Group	No	Name	Club	
Club 1 (7-8)	1	Esmé Miller	Kingston	
Club 1 (7-8)	2	Elsie Simms	Kingston	
Club 1 (7-8)	3	Zola Grace Franca-Bommer	Kingston	
Club 1 (7-8)	4	Abigail Page	Kingston	
Club 1 (7-8)	5	Andy Wang	Kingston	
Club 1 (9-10)	1	Orry Jelfs	Kingston	
Club 1 (9-10)	2	Millie Sicklen	Kingston	
Club 1 (9-10)	3	Emma Thomas	Kingston	
Club 1 (9-10)	4	Isobel Duncan	Kingston	
Club 1 (9-10)	5	Florrie Osmand	Kingston	
Club 1 (9-10)	6	Liv Tennebo	Kingston	
Club 1 (9-10)	7	Liza Coimbra	Kingston	
Club 1 (9-10)	8	Gabriella Hillyard	Kingston	
Club 1 (11-12)	1	Lilly Simms	Kingston	Upgrade: NDP 1 11-12
Club 1 (11-12)	2	Gracie Rose Line	Kingston	
Club 1 (11-12)	3	Beatrice Collins	Kingston	
Club 1 (11-12)	4	Caiden Allday	Kingston	
Club 1 (11-12)	5	Ona Jakucionyte	Kingston	
Club 1 (11-12)	6	Amelie Delaney-Meinesz	Kingston	
Club 1 (11-12)	7	Jessica Ruben	Zenith	
Club 1 (13+)	1	Poppy Macnaughton	Kingston	
Club 1 (13+)	2	Victoria Wulf	Kingston	
Club 2 (9-10)	1	Felix Lingham	Kingston	
Club 2 (9-10)	2	Amelie Aziz	Kingston	
Club 2 (9-10)	3	Elsa Morland	Kingston	
Club 2 (11-12)	1	Hannah Katz	Kingston	
Club 2 (13+)	1	Daisy Poole	Kingston	Upgrade: NDP 2 13+
Club 2 (13+)	2	Bethan Calder	Kingston	Upgrade: NDP 2 13+
Club 2 (13+)	3	Edie Flynn	Kingston	
Club 2 (13+)	4	Amelie Gowe	Kingston	Upgrade: NDP 2 13+
Club 3 (9-10)	1	Olivia Klein	Kingston	
Club 3 (9-10)	2	Emily Mccarthy	Kingston	
Club 3 (9-10)	3	Maximillian Flint	Kingston	
Club 3 (9-10)	4	Leo Read	Kingston	
Club 3 (9-10)	5	Samuel Hinallas	Zenith	
Club 3 (11-12)	1	Leah Katz	Kingston	
Club 3 (11-12)	2	Elodie Osmand	Kingston	
Club 3 (11-12)	3	Evie Mcnab	Kingston	
Club 3 (11-12)	4	Holly Gaylor	Kingston	
Club 3 (11-12)	5	Charlotte Fairfoull	Kingston	
Club 3 (11-12)	6	Mia Archer	Kingston	
Club 3 (11-12)	7	Alice Harper	Twizzlers	

Club 3 (11-12)	8	Charlotte Porter	Kingston	
Club 3 (11-12)	9	Poppy Wood	Kingston	
Club 3 (13+)	1	Rebecca Forbes	Kingston	
Club 3 (13+)	2	Polly Fennell	Kingston	Upgrade: NDP 1 13+
Club 3 (13+)	3	Emma Atkinson	Kingston	
Club 3 (13+)	4	Imogen Swain	Kingston	
Club 3 (13+)	5	Freddie Hoath	Kingston	
Club 3 (13+)	6	Elena Wykes	Kingston	
Club 3 (13+)	7	Camille Turner	Kingston	
Club 3 (13+)	8	Freya Himes	Kingston	
Club 3 (13+)	9	Eleanor Lucas	Kingston	
NDP 1 (7-8)	1	Thomas Muller	Kingston	
NDP 1 (9-10)	1	Toby Eckes	Kingston	
NDP 1 (9-10)	2	Samuel Newman	Kingston	
NDP 1 (9-10)	3	Sophia Koeppern	Twizzlers	
NDP 1 (9-10)	4	Billy Wilson	Zenith	
NDP 1 (9-10)	5	Shiraz Mehta	Inspire	
NDP 1 (9-10)	6	Emily Bradley	Twizzlers	
NDP 1 (9-10)	7	Sarah Brockie	Zenith	
NDP 1 (9-10)	8	Ziv Hammerman	Zenith	
NDP 1 (9-10)	9	Jessica Randall	Kingston	
NDP 1 (9-10)	10	Noa Hammerman	Zenith	
NDP 1 (9-10)	11	Lilia Hamblin	Kingston	Upgrade: NDP 2 9-10
NDP 1 (9-10)	12	Caleb Goldsworthy	Zenith	
NDP 1 (11-12)	1	Siobhan Daley	Inspire	
NDP 1 (11-12)	2	Lukas Marciukonis	Kingston	
NDP 1 (11-12)	3	Hannah Brockie	Zenith	
NDP 1 (11-12)	4	Madison Bradley	Zenith	
NDP 1 (11-12)	5	Bronte Tenwick	Twizzlers	
NDP 1 (11-12)	6	Layla Page	Zenith	
NDP 1 (11-12)	7	Thomas Partridge	Zenith	
NDP 1 (11-12)	8	Tom Simpson	Kingston	
NDP 1 (11-12)	9	Erin Roddy	Hendon	
NDP 1 (11-12)	10	Eleonora Lucic	Inspire	
NDP 1 (11-12)	11	Daisy Jelfs	Kingston	
NDP 1 (11-12)	12	Kimberley Hogben	Heathrow	
NDP 1 (11-12)	13	Leah Edwards-Amor	Inspire	
NDP 1 (11-12)	14	Zara Brahams	Hendon	
NDP 1 (11-12)	15	Eloise West	Zenith	
NDP 1 (11-12)	16	Sophie Alston	Twizzlers	
NDP 1 (11-12)	17	Clementine Shanahan	Inspire	
NDP 1 (11-12)	18	Kaylee Ashford	Twizzlers	
NDP 1 (13+)	1	Armored Morrison	Kingston	
NDP 1 (13+)	2	Oz Hammerman	Zenith	
NDP 1 (13+)	3	Emily Mann	Kingston	
NDP 1 (13+)	4	Jay Chitty	Zenith	

NDP 1 (13+)	5	Mia Turner	Hendon
NDP 1 (13+)	6	Hannah Cooper	Twizzlers
NDP 1 (13+)	7	Olivia-Marie Edozie	Inspire
NDP 1 (13+)	8	Elianna Cornfield	Kingston
NDP 1 (13+)	9	Zoe Hunter	Twizzlers
NDP 1 (13+)	10	Maisie Cheshire	Zenith
NDP 1 (13+)	11	Georgina Cooper	Twizzlers
NDP 1 (13+)	12	Eloise Gummer	Kingston
NDP 1 (13+)	13	Sophie Langdon	Kingston
NDP 1 (13+)	14	Julia Curley	Kingston
NDP 1 (13+)	15	Ellie Panto	Kingston
NDP 2 (7-8)	1	Alex Chapman	Twizzlers
NDP 2 (9-10)	1	Rowan Broda	Camden
NDP 2 (9-10)	2	Amelia Patola	Hendon
NDP 2 (11-12)	1	Mia Wanli	Kingston
NDP 2 (11-12)	2	Sophie Macneill	Inspire
NDP 2 (11-12)	3	Katie Jackivicz	Kingston
NDP 2 (11-12)	4	Oliver Handley	Twizzlers
NDP 2 (11-12)	5	Sara Herrera Bartlett	Heathrow
NDP 2 (11-12)	6	Bianca Serrano	Camden
NDP 2 (13+)	1	Tamara Vaughan	Zenith
NDP 2 (13+)	2	Lola Moriarty	Inspire
NDP 2 (13+)	3	Delilah Lloyd	Inspire
NDP 2 (13+)	4	Lucy Corless	Inspire
NDP 2 (13+)	5	Amelia Vanstone Smith	Camden
NDP 2 (13+)	6	Sophie Williams	Zenith
NDP 2 (13+)	7	Polly Gibson	Kingston
NDP 2 (13+)	8	Amelia Martin	Inspire
NDP 3 (9-10)	1	Sofia Caeiro	Heathrow
NDP 3 (9-10)	2	Lilly Cookson	Camden
NDP 3 (11-12)	1	Sienna Conquest-Appadoo	Camden
NDP 3 (11-12)	2	Lacey Kiely	Camden
NDP 3 (11-12)	3	Nancy Wright	Camden
NDP 3 (11-12)	4	Laila Ait-Siameur	Queensmead
NDP 3 (13+)	1	Lily Dering	Twizzlers
NDP 3 (13+)	2	Lucy Cooper	Twizzlers
NDP 3 (13+)	3	Mya Palmer	Zenith
NDP 3 (13+)	4	Abigael McGuckin	Kingston
NDP 3 (13+)	5	Paige Coles-Piper	Twizzlers
NDP 3 (13+)	6	Olivia Williamson	Zenith
NDP 4 (9-10)	1	Jasmine Nkoso	Camden
NDP 4 (9-10)	2	Olivia Martin	Heathrow
NDP 4 (9-10)	3	Joshua Baker	Kingston
NDP 4 (9-10)	4	Eloise Gardner	Kingston
NDP 4 (11-12)	1	Lemara Sokoya	Hendon
NDP 4 (11-12)	2	Freya Georges	Kingston

NDP 4 (11-12)	3	Camilla Rasulova	Kingston
NDP 4 (11-12)	4	Stefan Truscott	Hendon
NDP 4 (11-12)	5	Maayan Quintana	Hendon
NDP 4 (13+)	1	Isabella Lakey	Camden
NDP 4 (13+)	2	Jonas Morland	Kingston
NDP 4 (13+)	3	Tia Newman	Queensmead
NDP 4 (13+)	4	Pitta Domodong	Camden
NDP 4 (13+)	5	Joe Spensley	Kingston
NDP 4 (13+)	6	Kara Harot	Queensmead
NDP 4 (13+)	7	Iona Phillips	Queensmead
NDP 4 (13+)	8	Sophie Borley-Holden	Inspire
NDP 4 (13+)	9	Robyn Simms	Kingston
NDP 4 (13+)	10	Elinor Greenshields	Queensmead
NDP 4 (13+)	11	Fraser Davis	Heathrow
NDP 4 (13+)	12	Amy Chapman	Camden
NDP 4 (13+)	13	Sana Ahmed	Hendon
NDP 5 (9-10)	1	Julia Prestigiacomio	Kingston
NDP 5 (11-12)	1	Gabrielle Park	Kingston
NDP 5 (11-12)	2	Alfie Shepherd	Kingston
NDP 5 (11-12)	3	Hannah Lennon	Hendon
NDP 5 (11-12)	4	David Flore	Heathrow
NDP 5 (11-12)	5	Hannah Bunce	Heathrow
NDP 5 (11-12)	6	Phoebe Craddock	Kingston
NDP 5 (13-14)	1	Jemima Eckes	Kingston
NDP 5 (13-14)	2	Dovydas Olekas	Kingston
NDP 5 (13-14)	3	Chloe Davey	Twizzlers
NDP 5 (15+)	1	Bea Torre	Twizzlers
NDP 5 (15+)	2	Vaishali Balachandran	Kingston
NDP 5 (15+)	3	Joseph Moore	Twizzlers
NDP 5 (15+)	4	Susie Hamzeh	Kingston
NDP 5 (15+)	5	Jodi Grier	Inspire
NDP 5 (15+)	6	Orli Ash	Harrow
NDP 5 (15+)	7	Anoushka Keeley	Queensmead
NDP 6 (11-14)	1	Bethany Randall	Kingston
NDP 6 (11-14)	2	Jake Azzopardi	Kingston
NDP 6 (11-14)	3	Zachariah Wilson	Kingston
NDP 6 (11-14)	4	Zyra Reid	Hendon
NDP 6 (11-14)	5	Frankie Haugh	Heathrow
NDP 6 (15-16)	1	Caitlin Ayres	Zenith
NDP 6 (15-16)	2	Roberta Tan	Heathrow
NDP 6 (15-16)	3	Piper Stote	Kingston
NDP 6 (15-16)	4	Harry Adam	Heathrow
NDP 6 (15-16)	5	Oliver Cubillos	Kingston
NDP 6 (15-16)	6	Petronella Hoogeboom	Hendon
NDP 6 (15-16)	7	Lilianna Czaplewska	Queensmead

COMPETITION CALENDAR

EVENT	OPENING DATE	CLOSING DATE	DATE	VENUE
London Regional DMT NDP Event 1 (2019)	24/09/18	23:59 22/10/18	17/11/2018	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Event 1 (2019)	17/09/2018	23:59 15/10/18	18/11/2018	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional TRA 1 (2019)	01/10/2018	23:59 29/10/18	02/12/2018	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional DMT NDP Event 2 (2019)	19/11/2018	23:59 17/12/18	02/02/2019	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Event 2 (2019)	19/11/2018	23:59 17/12/18	03/02/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional TRA 2 (2019)	10/12/2018	23:59 07/01/19	17/02/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional DMT NDP Event 3 (2019)	24/12/2018	23:59 21/01/19	02/03/2019	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Event 3 (2019)	24/12/2018	23:59 21/01/19	03/03/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional DMT NDP Compulsory Final (2019)	04/02/2019	23:59 11/03/19	30/03/2019	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Compulsory Final (2019)	04/02/2019	23:59 11/03/19	31/03/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Youth Games	TBC	TBC	19/05/2019	Harrow Sports Centre
London Regional Squad Training	N/A	N/A	18/05/2019	TBC
NDP Team Final	01/04/2019	23:59 08/04/19	07-09 /06/19	Arena Birmingham
London Regional TRA 3 (2019)	22/04/2019	23:59 20/05/19	30/06/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
NDP Final	19/04/2019	Noon 12/06/19	12-14 /07/19	Motorpoint Arena Nottingham
London Regional TRA 4 (2019)	15/07/2019	23:59 12/08/19	22/09/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional TRS (2019)	15/07/2019	23:59 12/08/19	22/09/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional Championships and London Closed (2019)	23/09/2019	23:59 30/09/19	26-27 /10/19	Harlington Sports Centre Pinkwell Lane UB3 1PB



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