



**London Regional DMT NDP Compulsory Final (2019)  
30<sup>th</sup> March 2019 Program**

To be read in conjunction with the London Trampoline Gymnastics Competition  
Handbook 2019 & Officials letter

**Welcome to the qualifying event for the NDP Regional Team Finals in  
Birmingham later this year!**

Thank you to coaches, judges, team managers, competitors and parents for your support and commitment to training for this season and the encouragement that you provide throughout the year so that your gymnasts can participate in this competition.

Thank you to Kingston Academy and The Arena for hosting this event today.

We extend a warm welcome to all those who are competing for the first time at this competition and we look forward to seeing you in future years.

I hope you all have a fantastic time today and to those of you who are competing I wish you all the very best of luck.

Harriet Curtis & Karen Gent

Competition Organiser & Judging Secretary

On behalf of the London Gymnastics Trampoline Technical Committee

## TIMETABLE

### RANGE AND CONDITIONING

WARM UP	10:30	DMT NDP level 1 11-12 years	Charlotte Porter, Tom Simpsonn, Lilly Simms, Gracie, Rose-Line, Holly Gaylor, Freya Georges, Lukas Marciukonis, Elosie Osmand, Katie Jackivicz
COMPETE	10:45		

WARM UP	11:15	DMT NDP level 1 9-10 years	Leo Read, Toby Eckes, Olivia Klein, Jessica Randall, Lilia Hamblin, Plloy Fennell, Armored Morrison, Amelie Gowe, Bethan Calder, Ellie Panto, Abigael McGukin,
COMPETE	11:30	DMT NDP level 2 13+ years	

WARM UP	12:00	DMT NDP level 1 13+ years	Emily Mann, Imogen Swain, Priya Nokes, Julia Curely, Camilla Rasulovala, Gabrielle Park, Alfie Shepherd, Phoebe Craddock
COMPETE	12:15	DMT NDP level 2 11-12 years	
		DMT NDP level 2 9-10 years	
		DMT NDP level 3 11-12 years	

WARM UP	12:45	NDP 3 13+ / NDP3 9-10 / NDP4	Vaishali Balachandran, Robyn Simms, Jonas Morland, Josh Baker, Jemima Eckes, Zach Wilson, Dovydas Olekas, Jake Azzopardi
COMPETE	13:00	13+ / NDP6 11-14 / NDP6 15-16 / FIG Dev Level 11-14	

### PANEL 1

**START    FINISH**

#### FLIGHT 1

WARM UP	12:15	12:30	DMT NDP level 1 11-12	Charlotte Porter, Tom Simpsonn, Lilly Simms, Gracie, Rose-Line, Holly Gaylor, Freya Georges, Lukas Marciukonis, Elosie Osmand, Katie Jackivicz
COMPETE	12:30	13:00		

#### FLIGHT 2

WARM UP	13:00	13:15	DMT NDP level 1 9-10 DMT NDP level 2 13+	Leo Read, Toby Eckes, Olivia Klein, Jessica Randall, Lilia Hamblin, Plloy Fennell, Armored Morrison, Amelie Gowe, Bethan Calder, Ellie Panto, Abigael McGukin
COMPETE	13:15	13:45		

#### FLIGHT 3

WARM UP	13:45	14:00	DMT NDP level 1 13+ DMT NDP level 2 11-12 DMT NDP level 2 9-10	Emily Mann, Imogen Swain, Priya Nokes, Julia Curely, Camilla Rasulovala, Gabrielle Park, Alfie Shepherd, Phoebe Craddock
COMPETE	14:00	14:30	DMT NDP level 3 11-12	

#### FLIGHT 4

WARM UP	14:30	14:45	NDP 3 13+ / NDP3 9-10 / NDP4	Vaishali Balachandran, Robyn Simms, Jonas Morland, Josh Baker, Jemima Eckes, Zach Wilson, Dovydas Olekas, Jake Azzopardi
COMPETE	14:45	15:15	13+ / NDP6 11-14 / NDP6 15-16 / FIG Dev Level 11-14	

Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.

Presentations will take place as soon as possible after the end of each discipline. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed.

## OFFICIALS

<b>Chair</b>		Michael Freeman	KTA
<b>Difficulty 1</b>		Sarah Warren-Smith	KTA
<b>Difficulty 2</b>	■	<b>VACANCY</b>	
<b>Execution 1</b>		Louise Ellis	KTA
<b>Execution 2</b>		Tyler Stote	KTA
<b>Execution 3</b>		Oliver Cublillos	KTA
<b>Execution 4</b>		Lucy McSweeney	KTA
<b>Execution 5</b>	■	<b>VACANCY</b>	
<b>Computer Recorder</b>		Carol Freeman Piper Stote	KTA KTA
<b>Marshall</b>		COACHES (as agreed)	KTA/ELT
<b>Qualified Reserves</b>	■	<b>VACANCY</b>	
<b>Unqualified Reserves</b>	■	<b>VACANCY</b>	
<b>Range &amp; Conditioning</b>		Katie Drewett Harriet Curtis	KTA London DMT

**No changes unless agreed in advance by the Judging Secretary.**

**All roles dependent upon qualification confirmation from BG (pending)**

## ORGANISATION

<b>Competition</b>	Harriet Curtis	London DMT
<b>Database</b>	Karen Gent	CHC
<b>Judges</b>	Karen Gent	CHC
<b>Computers</b>	Karen Gent	CHC
<b>Floor Manager</b>	Michael Freeman	KTA
<b>Welfare Officer</b>	Michael Freeman	KTA
<b>Door</b>	Peter Freeman	KTA

## **FURTHER INFORMATION**

### **Results:**

Official, signed results will be displayed on the wall after each group has finished. Please do not remove results from the wall. Results will be emailed to team managers and will be available on London Gymnastics website

### **Video & Photography:**

**PLEASE NOTE THAT FOR SAFETY REASONS FLASH PHOTOGRAPHY IS PROHIBITED WHILST COMPETITORS ARE ON THE TRAMPOLINES**

If you forget and we see you flashing(!), please do not be upset when you get a very loud reminder!

By being present in the competition venue you agree that photographic and/or video images may be taken of you. If you are taking photographs and / or video footage, you accept the terms and conditions of British Gymnastics Photographic Policy. A copy of this is available from the British Gymnastics website.

### **Litter:**

Litter seems to be a constant problem at DMT competitions. Please could you make a point of using the litter bins in the Sports Hall. If drinks are spilled please tell someone involved with running this event so that we can get it cleaned up quickly and it doesn't get on to clothes or coats.

### **Competing Clubs:**

We have 3 clubs competing today  
London DMT  
Kingston Trampoline Academy  
Elstree School Of Gymnastics Ltd  
(ESG)

## COMPETITORS & START LIST

<b>Group</b>	<b>No</b>	<b>Name</b>	<b>Club</b>
NDP 1 (9-10)	1	Leo Read	Kingston
NDP 1 (9-10)	2	Toby Eckes	Kingston
NDP 1 (9-10)	3	Olivia Klein	Kingston
NDP 1 (9-10)	4	Jessica Randall	Kingston
NDP 1 (9-10)	5	Lilia Hamblin	Kingston
NDP 1 (11-12)	1	Charlotte Porter	Kingston
NDP 1 (11-12)	2	Tom Simpson	Kingston
NDP 1 (11-12)	3	Lilly Simms	Kingston
NDP 1 (11-12)	4	Gracie Rose Line	Kingston
NDP 1 (11-12)	5	Holly Gaylor	Kingston
NDP 1 (11-12)	6	Freya Georges	Kingston
NDP 1 (11-12)	7	Lukas Marciukonis	Kingston
NDP 1 (11-12)	8	Maisy Morris	Elstree
NDP 1 (11-12)	9	Elodie Osmand	Kingston
NDP 1 (11-12)	10	Amelie Geller	Elstree
NDP 1 (11-12)	11	Katie Jackivicz	Kingston
NDP 1 (13+)	1	Emily Mann	Kingston
NDP 1 (13+)	2	Imogen Swain	Kingston
NDP 1 (13+)	3	Priya Nokes	Kingston
NDP 1 (13+)	4	Julia Curley	Kingston
NDP 2 (9-10)	1	Amy Spears	Elstree
NDP 2 (11-12)	1	Jemima Clayden	Elstree
NDP 2 (11-12)	2	Camilla Rasulova	Kingston
NDP 2 (11-12)	3	Gabrielle Park	Kingston
NDP 2 (11-12)	4	Alfie Shepherd	Kingston
NDP 2 (13+)	1	Polly Fennell	Kingston
NDP 2 (13+)	2	Armored Morrison	Kingston
NDP 2 (13+)	3	Amelie Gowe	Kingston
NDP 2 (13+)	4	Bethan Calder	Kingston
NDP 2 (13+)	5	Ellie Panto	Kingston
NDP 2 (13+)	6	Abigael McGuckin	Kingston
NDP 3 (9-10)	1	Joshua Baker	Kingston
NDP 3 (11-12)	1	Hudson Brown	London DMT
NDP 3 (11-12)	2	Phoebe Craddock	Kingston
NDP 3 (13+)	1	Vaishali Balachandran	Kingston
NDP 3 (13+)	2	Robyn Simms	Kingston
NDP 3 (13+)	3	Jonas Morland	Kingston
NDP 4 (13+)	1	Jemima Eckes	Kingston
NDP 6 (11-14)	1	Zachariah Wilson	Kingston
NDP 6 (11-14)	2	Dovydas Olekas	Kingston
NDP 6 (15-16)	1	Safia Smith	London DMT
NDP FIG DEV (11-14)	1	Jake Azzopardi	Kingston

## COMPETITION CALENDAR

EVENT	OPENING DATE	CLOSING DATE	DATE	VENUE
London Regional DMT NDP Event 1 (2019)	24/09/18	23:59 22/10/18	17/11/2018	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Event 1 (2019)	17/09/2018	23:59 15/10/18	18/11/2018	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional TRA 1 (2019)	01/10/2018	23:59 29/10/18	02/12/2018	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional DMT NDP Event 2 (2019)	19/11/2018	23:59 17/12/18	02/02/2019	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Event 2 (2019)	19/11/2018	23:59 17/12/18	03/02/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional TRA 2 (2019)	10/12/2018	23:59 07/01/19	17/02/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional DMT NDP Event 3 (2019)	24/12/2018	23:59 21/01/19	02/03/2019	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Event 3 (2019)	24/12/2018	23:59 21/01/19	03/03/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional DMT NDP Compulsory Final (2019)	04/02/2019	23:59 11/03/19	30/03/2019	Arena, Kingston Hall Rd, KT1 2AQ
London Regional TRA NDP Compulsory Final (2019)	04/02/2019	23:59 11/03/19	31/03/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Youth Games	TBC	TBC	19/05/2019	Harrow Sports Centre
London Regional Squad Training	N/A	N/A	18/05/2019	Arena, Kingston Hall Rd, KT1 2AQ
<b>NDP Team Final</b>	<b>01/04/2019</b>	<b>23:59</b> <b>08/04/19</b>	<b>07-09</b> <b>/06/19</b>	<b>Coventry</b>
London Regional TRA 3 (2019)	22/04/2019	23:59 20/05/19	30/06/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
NDP Final	19/04/2019	Noon 12/06/19	12-14 /07/19	Motorpoint Arena Nottingham
London Regional TRA 4 (2019)	15/07/2019	23:59 12/08/19	22/09/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
	15/07/2019	23:59 12/08/19	22/09/2019	Harlington Sports Centre Pinkwell Lane, UB3 1PB
London Regional Championships and London Closed (2019)	23/09/2019	23:59 30/09/19	26-27 /10/19	Harlington Sports Centre Pinkwell Lane UB3 1PB



LONDON®  
GYMNASTICS